

HOCKEY EQUIPMENT CHECKLIST

As a parent, shopping for youth hockey equipment for your child can be a daunting and overwhelming task. It is hard to remember what gear is required, what gear is recommended, and what purpose each piece of gear serves. No matter what youth league your child plays in, they will need each piece of equipment shown in this checklist. This ensures that they will be as safe as possible while on the ice, as this equipment protects your child from falls, errant sticks, pucks, and so on.



Helmet

(With Face Cage or Full Shield)

Neckguard

Shoulder Pads

Elbow Pads

Gloves

Hockey Pants

Shin Guards

Skates

Mouthguard

Jersey

Jock or Jill

Socks

Hockey Stick

Equipment Bag